



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
 9:00 Month at a Glance
 10:00 Creative Colouring
 1:30 News & Views
 2:30 Music with Kenna
 4:00 Therapeutic Visits

2
 9:00 Exercises
 10:00 Card Games
 2:00 Pie Social
 4:00 Therapeutic Visits
Groundhog Day

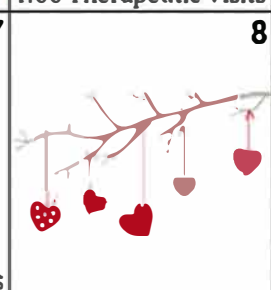
3
 10:30 Name that Tune
 1:30 Walk Club
 2:00 Bingo

4
 10:00 Exercises
 1:30 Dice Breaker
 2:30 Board Games

5
 10:00 Trivia
 1:30 Winter Carnival!

6
 10:00 Stretching
 1:00 Tuck Shop
 2:30 Jeopardy
 4:00 Therapeutic Visits

7
 10:00 What does your name mean?
 2:30 Valentines Decorating
 4:00 Therapeutic Visits



8
 9:00 Exercises
 10:00 Card Games
 2:00 Manicures

9
 10:30 Name that love song
 1:30 Walk Club
 2:00 Vday Bingo
 4:00 Therapeutic Visits

10
 9:00 Heart Craft
 10:00 Exercises
 2:30 Valentines Sundaes
 4:00 Therapeutic Visits

11
 10:00 Vday Scattergories
 12:00 Special Lunch: Chinese Food
 2:30 Pen Pal Project
Chinese New Year (Year of the Ox)

12
 10:00 Stretching
 1:00 Tuck Shop
 2:30 Valentine's Day Cards
 4:00 Therapeutic Visits

14
 10:00 Love is in the Air Trivia
 2:30 Dice Breaker
 4:00 Therapeutic Visits
Valentine's Day

15
 10:00 Painting
 1:30 Dice Breaker
 2:30 Disco Drumming
 4:00 Therapeutic Visits
Presidents' Day

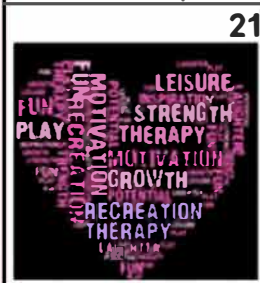
16
 9:00 Exercises
 10:00 Card Games
 2:00 Mardi Gras Celebration
 4:00 Therapeutic Visits
Mardi Gras

17
 10:30 Science Experiment
 1:30 Walk Club
 2:00 Bingo
 4:00 Therapeutic Visits
Ash Wednesday

18
 10:30 Exercises
 1:30 News & Views
 2:30 Board Games
 6:00 Movie Night

19
 10:00 Zen Doodling
 1:30 Ladder Golf
 2:30 Clue Trivia
 4:00 Therapeutic Visits

20
 10:00 Stretching
 12:00 Pizza Lunch
 2:00 Tuck Shop
 4:00 Therapeutic Visits



21
 10:00 Jeopardy
 1:30 Dice Breaker
 2:30 Disco Drumming
 4:00 Therapeutic Visits

22
 2:30 Special Snack
 4:00 Therapeutic Visits

23
 10:30 Seeds of Victory
 1:30 Walk Club
 2:00 Bingo
 4:00 Therapeutic Visits

24
 9:00 Meditation
 10:00 Exercises
 1:30 Board Games
 2:30 Painting
 4:00 Therapeutic Visits
Purin Begins

25
 10:00 Manicures
 1:30 Card Games
 2:30 Birthday Party with Live Music
 4:00 Therapeutic Visits

26
 10:00 Stretching
 1:00 Tuck Shop
 2:30 Reminisce Program
 4:00 Therapeutic Visits

28
 10:00 Ladder Golf
 2:30 Armchair Travel
 4:00 Therapeutic Visits

February 2021

Harbour House Recreation Calendar