

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 10:00 Taking down Halloween décor 2:00 Music by Kenna 4:00 Therapeutic Visits Daylight Saving Time Ends	2 10:00 Taking down Halloween décor 2:00 Music by Kenna 4:00 Therapeutic Visits	3 10:00 Exercises 2:00 Rock Band 4:00 Therapeutic Visits	4 10:00 Science Experiment 1:30 Walk Club 2:00 Bingo 4:00 Therapeutic Visits	5 10:00 Exercises 1:30 Card Games 2:30 Remembrance Day Craft 4:00 Therapeutic Visits	6 10:00 Manicures 2:30 Dice Breaker 4:00 Therapeutic Visits	 7
 8 Outing to Military Museum	9 Outing to Military Museum	10 Crib Tournament	11 10:00 Science Experiment 2:30 Remembrance Day Speaker 4:00 Therapeutic Visits <small>Remembrance Day (Canada)</small>	12 10:00 Exercises 1:30 Card Games 2:30 Pen Pal Project 4:00 Therapeutic Visits	13 10:00 Painting 2:00 Bingo 4:00 Therapeutic Visits	14 10:00 Board Games 1:30 Residents Choice 2:30 Table Bowling 4:00 Therapeutic Visits
15 10:00 Laughter Club 2:30 Pool Golf 4:00 Therapeutic Visits	16 10:00 Jeopardy 1:00 How to Improve Sleep 1:30 Card Games 2:30 Manicures 4:00 Therapeutic Visits	17 10:00 Exercises 1:30 Laughter Club 2:30 Special Snack 4:00 Therapeutic Visits	18 10:00 Science Experiment 1:30 Walk Club 2:00 Bingo 4:00 Therapeutic Visits	19 10:00 Exercises 1:30 Card Games 2:30 Rock Band 4:00 Therapeutic Visits	20 10:00 Sing-Along 1:30 Washer Toss 2:30 Winter Craft	21 10:00 Stretching Group 2:00 Movie Afternoon
22 10:00 News & Views 2:30 Table Bowling 4:00 Therapeutic Visits	23 10:00 Scattergories 1:00 How to Improve Sleep 1:30 Card Games 2:30 Disco Drumming 4:00 Therapeutic Visits	24 10:00 Exercises 12:00 Special Lunch: Taco Time 2:30 Clue Trivia 4:00 Therapeutic Visits	25 10:00 Science Experiment 1:30 Walk Club 2:00 Bingo 4:00 Therapeutic Visits	26 10:00 Therapeutic Visits 2:30 Armchair Travel: China 6:00 Movie Night <small>Thanksgiving Day (US)</small>	27 10:00 Zen Doodling 1:30 Laughter Club 2:30 November Birthday Party with Jeff Pedora	28 10:00 Stretching Group 1:30 Residents Choice 2:30 Name that Tune 4:00 Therapeutic Visits
29 10:00 Bean Bag Twister 2:30 Holiday Decorating 4:00 Therapeutic Visits	30 10:00 Winter Trivia 1:00 How to Improve Sleep 1:30 Card Games 2:30 Disco Drumming 4:00 Therapeutic Visits	<h1>November 2020</h1> <h2>Harbour House Recreation Calendar</h2>				